

Kung Fu (Inside Martial Arts) By Brian Howell



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lineagecamarillo kung fu and lion dance - Because of his quick mastery of this demanding martial arts written about him by major martial arts magazines, including Inside Kung Fu. Brian Tuan, UC Irvine

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advanced iron palm (ultimate iron palm): - He published his first article on the subject for Inside Kung Fu Grandmaster Gray was seen occasionally giving Iron Palm demonstrations at major martial arts

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